

# Happy Birthday to us!

We're turning four this weekend.

## Join us in celebrating Aubergine's fourth birthday.

Join us this Sunday September 14th, at 2pm for **FREE** Koeksisters, Peppermint Crisp pudding and coffee.

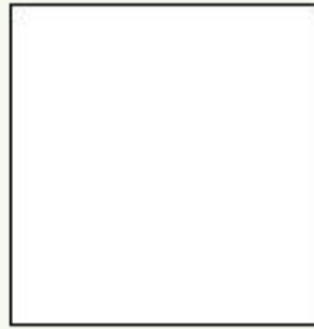


## 10% off everything South African, this Sunday only!

### Pronutro.

Set your breakfast table with the perfect cereal. Choose from five delicious flavours.

**10% off.**



### Droewors.

An authentic South African treat handed down through the generations.

**10% off.**



### Safari Fruit Rolls.

High in energy with virtually no fat!

**Buy one and your second is half price.**



### Fizzpops

Just for kids.

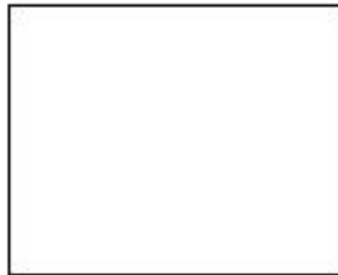
**Buy one and your second is FREE.**



### Walters Nougat.

A sweet deal.

**Buy two and your third is half price.**



### Introducing Dot Berry.

I am a fully registered and licensed Physiotherapist.

I was born and raised in Johannesburg, South Africa.

I attended Wits University for a BSc in Occupational Therapy and UCT for a BSc in Physiotherapy before moving with my family to Victoria in 1994. I have worked as a Physiotherapist for VIHA for the past 10 years and have recently started my own practice, whereYOUare, Mobile Physiotherapy treating clients in my home office or in their own homes.

whereYOUare Mobile Physiotherapy includes:

- Palliative (End of Life) Care
- Therapeutic Ultrasound
- ICBC and WSBC clients
- Joint pain
- Rehabilitation
- Working with the elderly in the comfort of their homes to improve strength, range of movement and balance, therefore reducing the risk of falls and maintaining independence.

For rates and further information please contact me at: 250.882.2598 or [dotberry@whereyouare.ca](mailto:dotberry@whereyouare.ca)

## Aubergine Specialty Foods

1308 Gladstone Avenue, Victoria. B.C.

**250.590.1031**

Monday - Saturday:  
9:30am - 7pm  
Sunday - 10am - 6pm

Free parking out front.